

**Can Urban
Planners make us
Inactive and Fat!?**



PLENTY OF ROOM



THE ASSOCIATED PRESS

Lara Trifiletti, lead researcher at Columbus Children's Research Institute in Columbus, Ohio, poses next to one of only a handful of child car seats that would fit overweight children.

Obesity epidemic has even hit child safety seats

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CHICAGO

Many young children are too heavy for standard car-safety seats, and manufacturers are starting to make heavier models to accommodate them, second-

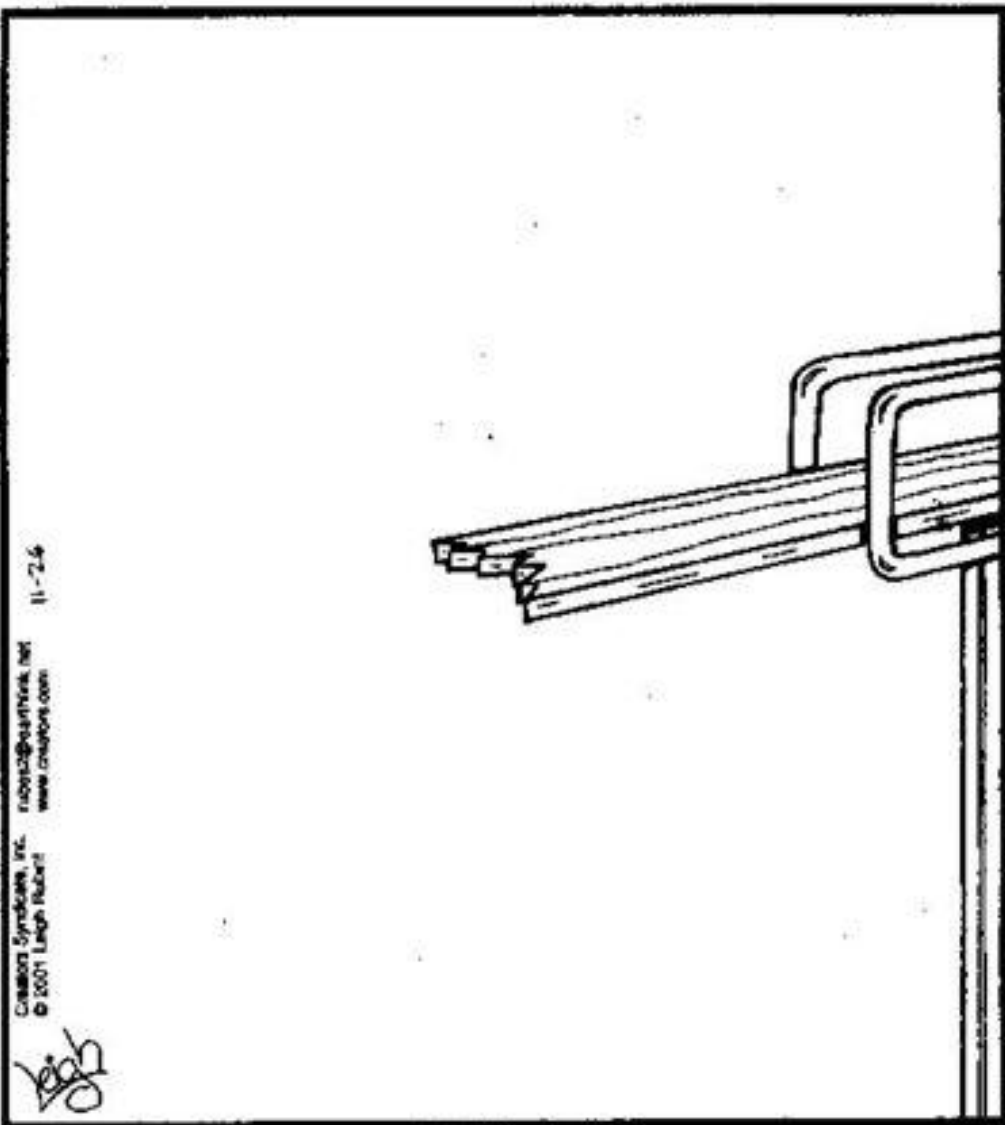
kins but now works at Ohio State University's Children's Research Institute.

Using inadequate car seats for heavy children could put them at increased risk for injury in a car accident, the researchers said.

"We don't recommend that a parent use a restraint system for a child that has outgrown that system," said Eric

mature enough or tall enough for "booster" safety seats, which are recommended for ages 4 and up and typically use the car's safety belts for restraints, she said.

More than 23 per cent of U.S. children aged 2 to 5 were overweight and more than 10 per cent were obese in 2001-02, government data show. New



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Leigh

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